

# KAMLOOPS OSTOMY SUPPORT GROUP



Date: First Thursday of the Month  
(except July and August)

Time: 7:00-8:30pm

Dinner meetings in June and December

Guest Speakers on subjects of interest.

*Enhance your quality of life by interacting with others  
who live with an Ostomy.*

*Come meet new people, share stories, get your  
questions answered, gain information, and receive  
emotional support at our interactive meetings.*

*Everyone is welcome, bring a family member, friend or  
caregiver.*

*For location and more information contact:*

*Edie at 250-819-0945 or*

*Nightingale Medical Supplies at 250-377-8844 or*

*Find our video on YouTube at Kamloops Ostomy Support Group*